



# Carleton Place Senior Hockey League

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## Code of Discipline V1.4

### **CPSHL Philosophy**

The CPSHL is a **Non-Contact** 35+ hockey league. The league offers good competition for older players in a safe, athletic environment and social setting.

By allowing slap shots and having officials, and allowing all player types into the league, we recognize that a certain level of competitiveness will be part of the game. However, it is the responsibility of **every player** to uphold the basic philosophy of a non-contact hockey and as such, blatant and intended contact of any kind is strongly discouraged.

The purpose of this CODE OF DISCIPLINE is to:

1. Ensure that the league and team officials and players are aware of the serious nature of the offences and their impacts;
2. Apply a common minimum standard of discipline across the league for offences of similar nature;
3. Ensure team officials are aware of their responsibilities in maintaining control over the conduct of their players as well as applying and enforcing the code of discipline where necessary;
4. Ensure the code applies to all players and team officials registered in the Carleton Place Senior Hockey League in the following situations:
  - Fighting
  - Misconduct penalties
  - Game misconduct penalties
  - Gross misconduct penalties
  - Match penalties
  - Any other incident of behaviour detrimental to the proper conduct of play of the game of hockey
5. The code of discipline shall be applied to all games including; regular season games, playoff games or host tournament play.



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**Zero Tolerance** – The CPSHL will show zero tolerance for any of the following;

1. **Punching** (gloves on or off) - Any such action above will be assessed a Match penalty, and the incident will be documented on the game sheet by the referees and may be reviewed via an Executive hearing.
2. **Checking from behind or checks to the head** -- Any such action will result in CARHA Rule 52 shall apply;

### **Rule 52 - Checking from Behind**

- a) A Minor Penalty plus a Game Misconduct or a Major Penalty plus a Game Misconduct at the discretion of the Referee, based on the degree of violence of the impact, shall be assessed to any player who intentionally pushes, body checks, or hits an opposing player from behind, anywhere on the ice.

If the player is injured a Major Penalty plus a Game Misconduct penalty must be assessed.

- b) Where a player is high-sticked, cross-checked, body-checked, pushed, hit or propelled in any manner from behind into the boards or goal net, in such a way that the player is unable to protect or defend himself, a Match penalty shall be assessed.
3. **Detrimental Behaviour** – i.e. any such action which is directed at/or to another player, league executive or referee shall be considered to be “making a travesty of the game”. As such CARHA Rule 33 (b) shall apply;

### **Rule 33 - Gross Misconduct Penalties**

- a) Any player or team official incurring a “Gross Misconduct” penalty shall be ejected from the game. A substitute for the penalized player shall be permitted immediately.
- b) Gross Misconduct penalties shall be assessed where a person conducts himself in such a manner as to make a travesty of the game.
- c) A total of ten minutes shall be charged in the records against a penalized player for a Gross Misconduct penalty. The Referee shall report the offender and the full details surrounding the violation to the League Executive who may assess further penalties.
- d) Any player or team official who is assessed a Gross Misconduct penalty shall automatically be suspended for a minimum of the next regular league or play-off game.

Any such action above will be assessed a Match penalty, and the incident will be documented on the game sheet by the referees and may be reviewed via an Executive hearing.



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## Suspensions

### 1. Types of Suspensions

- a) Time Specified - The offender is removed from the league for a specified period of time.
- b) Game Specified - The offender is removed from the league for a specified number of games. Two or more suspensions cannot be served concurrently. All suspensions must be served consecutively.

Any executive member who is being assessed disciplinary action can be represented by a member of their team who preferably witnessed the infraction.

Any situations that may occur that are not covered under this code of discipline may be handled in accordance to the CARHA rules of conduct (at the executive's discretion) as outlined on their website at: [www.carhahockey.ca/resources/rules.aspx](http://www.carhahockey.ca/resources/rules.aspx)

### 2. Graduated Penalty Thresholds:

Penalty calls will be recorded as part of the game statistics. A player who surpasses the following penalty thresholds during the regular season will be required to serve the associated automatic suspension as follows;

- a) Level 1 - 15 penalties – One game suspension
- b) Level 2 - 20 penalties – Two game suspension
- c) Level 3 - 25 penalties – Three game suspension and executive review
- d) Level 4 - 30 penalties – Executive hearing (possible suspension for remainder of season)

Note: Regular season is defined as the start of the season until the end of the very last game of the regular season.

Graduated penalty calls will be based on the number of penalties and regardless of the number of minutes assigned (i.e. 2, 3, 5, 10, Game misconducts, Gross Misconduct, etc.).

It is the responsibility of the team captains or team-assigned delegates to ensure a suspended player does not play the next scheduled team game. If the player plays illegally, the team will forfeit the game(s) in which the player was not entitled to play.

**Playoffs** - When entering the playoffs, the penalty thresholds for the season will be extended by three (3) penalties at each threshold. A player who surpasses the following penalty minute thresholds during the regular season and playoffs combined, will be required to serve the associated automatic suspension;

- e) Level 1 - 18 penalties – One game suspension
- f) Level 2 - 23 penalties – Two game suspension
- g) Level 3 - 28 penalties – Three game suspension and executive review
- h) Level 4 - 33 penalties – Executive hearing (possible suspension for remainder of season)



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If a player is serving his "graduated penalty minutes" suspension at the time the playoffs begin, they must continue to serve the suspension before returning to play in the playoffs.

A player cannot serve a specific level suspension more than once during the season (regular season and playoffs combined) (ex. A player serves a Level 1 suspension during the regular season at 15 penalties and at the time the playoffs begin, has 16 penalties. The next threshold for the player will be at the Level 2 threshold (28 penalties), not 18 penalties (Level 1) again).

### 3. Fighting:

#### a) On-Ice

- i. 1<sup>st</sup> fight - The remainder of the game plus a five game suspension
- ii. 2<sup>nd</sup> fight - Remainder of the season Note: If a player receives a 5 game suspension in a subsequent season (the player's third), the league reserves the right to suspend the individual from the CPSHL indefinitely

**b) Off-Ice** - Any player who engages in a fight off the ice surface with any other CPSHL member or affiliate, on Carleton Place Arena property in regard to any CPSHL event, will be suspended from the league for the remainder of the season and is not eligible for any refund from the league. The team captain/official is responsible for ensuring, without further notice from anyone, that the player serves the suspensions outlined in this code. The player shall serve his suspension as detailed by this code through communication by his team captain/official or designate. The player shall not occupy space on the bench while under suspension.

### 4. All major penalties:

- a) Ejection from the remainder of the game plus a one game suspension
- b) Subsequent major penalties will be dealt with by the league executive

### 5. 10 Minute Misconduct

- A ten-minute misconduct shall count as one penalty.
- If a player has received a minor penalty and continues to badger a referee or another player, he will receive a ten minute misconduct, which will incur a game ejection (3 minor penalties in one game).
- Only a player on the ice will serve the minor penalty at the time of the infraction.

5. **Gross misconduct:** Carries the same suspension as a major penalty.

6. **Match penalty:** Immediate suspension from the game and will remain suspended until an Executive review is held to determine number of games to be served.

7. **Molesting an official:** Immediate suspension until an executive review is held to determine number of games to be served.

8. **Minor plus a game ejection:** At the discretion of the referee, a minor plus a game ejection will be given to a player who accidentally or carelessly cuts an opponent. Subsequent offences involving the same player will be dealt with by the league.

9. **Three minor penalties in one game:** constitute a game ejection, which carries no further suspensions for the first occurrence. The second occurrence of 3 penalties in a game will carry a game ejection plus a 1 game suspension and each 3 penalty ejection thereafter will result in a game ejection plus add an additional game suspension i.e.: 3<sup>rd</sup> ejection for 3 penalties in one game results in game ejection plus additional 2 games suspension.



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### Executive Hearing

The purpose of the executive hearing is to review and fully understand the incident in question by all parties to ensure a complete assessment of the incident to award fair decision by the league executives.

An executive hearing will be attended by the League President, the secretary Treasurer, the five team Captains and league disciplinarian. For a specific incident, the game sheet will be the official record of the incident. The team captains for the two teams involved can be called to provide the on-ice account, however, the captains involved will NOT have a vote in the final outcome of the incident. In the event of a voting tie, the opinion of the League President will be the deciding factor.

Note that if a player is assessed his second five game suspension for fighting during the CPSHL season they will be suspended for the remainder of the season with no refund regardless of amount of time played in the season. If a player receives a 5 game suspension in a subsequent season (the players third) the league executive reserves the right to suspend the individual from the CPSHL indefinitely. In general, the league reserves the right to assess such suspensions as are deemed to be in the best interests of the league and the safety of the players.

Other than the rules outlined in this code of discipline, all games shall be played in accordance to the CARHA rules of conduct (at the executives discretion).

***All referee and league executive decisions are final.  
There are no appeals.***